



AUCKLAND GRAMMAR SCHOOL



# Sports Orientation



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## HEADMASTERS' INTRODUCTION

Auckland Grammar School has an enviable reputation as a highly successful sporting school, a reputation stretching back to the beginning of the 20th Century and frequently enhanced by participation in national finals in a huge range of sports and by individuals attaining Auckland and National representative honours.

AGS possesses excellent sports facilities with 6 grass pitches, a water-based artificial turf for hockey, a brand new indoor sports centre, squash courts, 3 pavilions, a new sports centre, an existing gymnasium, a new practice turf for various codes, 2 well prepared wickets for our senior cricket teams and 6 artificial turf tennis courts-all of which are located on the school site. These facilities are augmented by access to other resources such as an Outdoor Education Centre in Ohakune and the School's rowing boat shed at Panmure on the Tamaki River.

Sport at Grammar is an integral part of a boy's development and his participation should be enjoyable and should reinforce the School's academic imperatives and philosophy. Involvement in sport fosters a sense of sportsmanship and fair play, teamwork, leadership and pride in performance and is highly valued by the boys of the School.

The School is naturally very proud of its sporting success at the elite level but it also strives to provide the best opportunities and coaching for those of average ability or below. These opportunities are provided in two ways: firstly by the scope of teams provided at a social level and secondly by the ever-increasing variety of sports offered.

Each of the School's major sports has developed strong international links over recent years: cricket and hockey have both toured South Africa and Australia, rugby and soccer have visited South America, UK and Australia while rowing has attended the Henley Rowing Regatta in the UK. The School's very strong Distance Squad have twice competed in the USA over the past 4 years and water polo and squash have toured Australia.

Many boys have benefited from the experiences offered by overseas tours and by the reciprocal hosting of visiting teams and further tours in the future are encouraged.

The active involvement of staff in the School's sporting programme is quite extraordinary and is a major reason for the success of so many of our sporting teams. Without such strong support by the staff we simply could not offer the variety and quality that currently exists in our sports programme. Parental help is also very much appreciated and welcomed.

Sport at AGS is in great heart. I look forward to continuous improvement under the leadership of our Director of Sport, Mr Grant Hansen, who is making a strong impact in this very important area of the School.

John Morris  
Headmaster



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## SPORT

New pupils to the school will soon realise that there are many sports and activities in which they are able to participate. It is our intention to ensure that as many boys as possible take an active part in these co-curricular activities as this will enable them to reap the benefit of the coaching offered by the large number of staff who commit themselves to sport in the school.

The traditional sports at the school are Rugby (50 All Blacks), Soccer, Hockey, Cricket, Athletics and Tennis, though in recent years Cycling, Basketball, Badminton, Waterpolo, Weightlifting, Cross Country and Multisport events have all emerged as strong codes as well. In 2004 Hamish Carter was our first Old Boy to win a Gold Medal at the Olympics.

The school has always had, and will continue to have, exceptional success in sporting activities. In the past ten years Auckland Grammar School teams have been New Zealand Champions in 1st XV Rugby, Soccer, Hockey, Cycling, Wrestling, Weightlifting, Rowing, Tennis, Orienteering, Yachting, Chess, Golf, Table tennis and Under 15 Rugby. This success over the years can be attributed to the dedication of a large number of very competent and highly motivated staff, excellent facilities and the sportsmen themselves.

Consistently, each year, we field over five hundred in Auckland Secondary School competitions with representation in 50 different sports. In 2010, this represented a total of over 3000 players over winter and summer sports supported by a full commitment from ninety plus staff in coaching and managerial roles.

Boys from this school have gone on to represent their Province and New Zealand in a wide range of sports and this has been achieved through

- hard work
- positive attitude
- responsibility
- talent

Being a member of a school sports team brings responsibility. Pupils are required to:

- attend meetings promptly
- to attend practices on time
- to wear the correct playing uniform with pride
- to have a responsible and positive attitude
- once you have entered into a sport you committed to that team for the entire year.

On the noticeboard outside this gym is a list of sports offered and the Master to see if boys are interested in playing a particular sport. If you have any queries regarding any of these, please see Mr Hansen, the Director of Sport or Mr Fennelly, the Third Form Dean.

Above all else, all pupils are encouraged to get involved in one or more of these activities and remember that the enjoyment gained from playing the sport is the most important thing - not the winning or the losing, just the playing.

Grant Hansen  
Director of Sport



## GENERAL INFORMATION ON SPORT

- 'A' Grade Teams should train twice a week; social teams should train at least once each week.
- Training fields/days will be allocated to you by the TIC (Teacher in Charge) of each sport.
- Coaches will meet with their team on Fridays (or a day before the game if a mid-week sport) to arrange meetings times, transport and to distribute any other information (interval is the best time.)

### CANCELLATIONS

- Junior sports are rarely cancelled
- For cancellations listen to 89.4 FM (Newstalk ZB). Cancellations are made on the half hour under the headings of 'Auckland Secondary School' morning cricket, junior tennis, morning rugby and soccer etc.
- If a team defaults to AGS, the TIC of your sport will inform you as early as possible.
- Never assume a cancellation, regardless of weather conditions.

### UNIFORM

- Please follow the uniform requirements as indicated by the teacher of your sport or by the Director of Sport. Ensure that all players are wearing the correct uniform when representing the School.
- For practices students are to wear appropriate clothing. Please **DO NOT** allow students to wear school uniform for any practice.
- Students should change into their school uniform to travel home except if their parents or guardians are picking them up.
- Uniforms can be purchased from the School Shop; basketball singlets can be purchased from the TIC of Basketball.
- A note for cricket coaches: All 'A' grade teams **MUST** wear the official School cap or floppy. No other headgear (apart from batting helmets) will be allowed. These can be purchased from the school shop.

### DEFAULTS

- **NO** Auckland Grammar School team defaults any game to any opposition.
- Students are committed to the sport they enter into for the complete season (this includes both Term 1 & 4 for cricket and tennis).
- If coaches are having trouble with any students not turning up to practices or games, try to solve the problem with your student - if the problem persists:-
  - a) Consult the TIC of your Sport
  - b) Consult the Director of Sport
  - c) The Director of Sport will then see the Headmaster.



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## TEACHERS IN CHARGE OF SPORTS

SPORT	TEACHER IN CHARGE	ROOM
Archery	Mr Frisby	Technology Department
Athletics	Mr McNeil / Mr Thom	Gymnasium
Badminton	Mr Burgess	Physics Department
Basketball	Mr Cummins	English Department
Bridge	Mr Riley	Mathematics Department
Capoeira	Mr Radovic	Mathematics Department
Chess	Mr Grover	Mathematics Department
Cricket	Mr Haszard	Economics Department
Cycling	Mrs Marson	Science Department
Distance Squad	Mr McCrea	ESOL Building
Endurance Swimming	Mr Beaumont / Mr McCrea	Science Department
Fencing	Mr Faull	International Students
Football	Mr Knights	English Department
Golf	Mr Shore	Commerce Department
Hockey	Mr Roberts	Gymnasium
Lawn Bowls	Mr McKain	Guidance Suite
Mountain Biking	Mr Hasler	History Department
Orienteering	Mr O'Neill	Spanish Department
Rock Climbing	Mr D Howard	Science Department
Rowing	Mr Cutler	Economics Department
Rugby	Mr Skeen	History Department
Skiing	Mr Johnson	English Department
Snow Boarding	Mr Jones	Gymnasium
Softball	Mr Rehu	Mathematics Department
Squash	Mr Bahlmann	English Department
Swimming	Ms McNeill	Spanish Department
Table Tennis	Mr I Wilson	Careers Department
Tennis	Mr Schmidt	Deans' Suite
Touch Rugby	Mr Pope	Japanese Department
Triathlon	Mr R Gordon	Commerce Department
Volleyball	Mr Boyce	Classics Department
Waterpolo	Mr McCrea	Learning Support
Weightlifting	Mr Hansen	Old Gymnasium
Yachting	Mr Burgess	Physics Department



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## SPORTS INFORMATION

### ARCHERY

- Terms Played:** All year round, main season is summer
- Game Days:** Saturday mornings 09.30-12.00 for beginners  
Saturday afternoons 13.00-16.00 for intermediates  
Sunday afternoons 13.00-16.00 for advanced
- Practice Times:** In summer Tuesdays 17.00-18.00, other times tba
- Costs:** Initial 4 week training course approximately \$50.00  
Cost once the training course has been completed - \$115 for the years club membership. This includes a fee paid to Archery New Zealand.
- Equipment:** Supplied during initial coaching course and 4 weeks after that. Coaching course includes advice on buying equipment. Novice archers are strongly recommended NOT to buy equipment until completing the coaching course.
- Registration:** At the start of each term
- Other Information:** The indoor facility and outdoor training venue is at Nicholson Park, Eden Village. Inter-school competitions will run each term

### ATHLETICS

- Terms Played:** Term 1 and National Championships late Term 4
- Game Days:** Various events in Term 1  
Schools Athletic Sports - February  
Greater Central Zonal Championships - March  
Auckland Championships - March  
North Island Championships - April  
Golden Baton Relay - October  
National Schools Track and Field Championships - December
- Practice Times:** Track and Jumps - Tuesday, Thursday and Friday 7:45am on the top field  
Field events - after school
- Costs:** Athletic uniform available from Director of Sport (only needed if selected for Auckland Championships, North Island or National Championship)
- Equipment:** Spikes are optional
- Registration:** Week 2 of Term 1



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## BADMINTON

<b>Terms Played:</b>	Summer (Term 1); Terms 2 and 3
<b>Game Days:</b>	Summer Tuesday - Wednesday Winter - Monday Tuesday Wednesday Friday
<b>Practice Times:</b>	To be advised by Teacher in Charge
<b>Costs:</b>	Summer \$12, Winter \$15
<b>Equipment:</b>	Badminton gear, including; non-marking shoes, racquet, School PE gear, or badminton shirt and dark shorts
<b>Registration:</b>	Summer February, end of Term 1, start Term 3

## BASKETBALL

<b>Terms Played:</b>	Terms 2 and 3
<b>Game Days:</b>	Under 15 - Wednesday Under 17 - Tuesday Open and Premier - Friday
<b>Practice Times:</b>	Depending on gym space
<b>Costs:</b>	\$60 approximately (covers cost of new singlet and affiliation, \$20 refund when singlet returned) - available through TIC Basketball
<b>Equipment:</b>	Basketball shoes, AGS Basketball singlet, School basketball shorts (available from School Shop)
<b>Registration:</b>	End of Term 1, notice in assembly, fill out registration forms located on Basketball website

## BRIDGE

<b>Terms Played:</b>	All
<b>Game Days:</b>	Dependent on other schools
<b>Practice Times:</b>	Tuesday and Thursday lunchtimes, B2
<b>Costs:</b>	Nil
<b>Equipment:</b>	Playing cards, boards. bidding pads
<b>Registration:</b>	None



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## CAPOEIRA

**Terms Played:** 1, 2 and 3

**Practice Times:** Wednesday after school

**Costs:** \$30 per year

**Equipment:** Nil

**Registration:** Beginning of Term 1

**Other Information:** Capoeira is an African/Brazilian martial art. The club is open to all students regardless of age or sporting ability, and helps to develop balance, coordination and flexibility.

## CHESS

**Terms Played:** All terms

**Game Days:** Monday to Thursday after school

**Practice Times:** Every lunch time in B4

**Costs:** Nil, except a team registration fee

**Equipment:** Nil

**Registration:** Beginning of Term 1

**Other Information:** Chess Club every lunch time in B4 for those not wishing to play inter-school

## CRICKET

**Terms Played:** Term 1 and Term 4

**Game Days:** Saturday morning  
1<sup>st</sup> and 2<sup>nd</sup> X1 Saturday afternoon, 3B Grade Wednesday afternoons

**Practice Times:** 3:15pm - 5:00pm twice a week (depends on level of team), before School or evenings

**Costs:** No levy, but school shop sells AGS shirts, hats

**Equipment:** School provides gear, but students can use their own gear

**Registration:** End of Term 4 and early in Term 1



## CYCLING

<b>Terms Played:</b>	Terms 2 and 3
<b>Game Days:</b>	Sunday mornings
<b>Practice Times:</b>	Twice weekly organised sessions, individual training 3 – 4 times a week
<b>Costs:</b>	Own bike and helmet; skin suit approx. \$200; entries paid by the school
<b>Equipment:</b>	Bike, helmet, shoes, safety lights
<b>Registration:</b>	Term 1 and early Term 2
<b>Other Information:</b>	North Island championships first week of July Holidays National Individual championships during Term 3 (Auckland area) National Teams events Levin, first weekend of September holidays. Accommodation costs to be met by families. Parents are encouraged to attend.

## DISTANCE SQUAD / CROSS COUNTRY

<b>Terms Played:</b>	All year round
<b>Game Days:</b>	Varies throughout the year, boys will be informed
<b>Practice Times:</b>	Tuesday 7:00am, Wednesday 7:00am, Thursday 7:00am and 5:45pm (Domain daylight savings only), Sunday 9:00am
<b>Costs:</b>	Varies depending on where events are being held (no fees required, expenses are related to travel and accommodation)
<b>Equipment:</b>	Own running gear
<b>Other Information:</b>	Main events include Auckland Cross Country and Road Race, National Cross Country and Road race, traditional fixture against New Plymouth Boys' High School



## ENDURANCE SWIMMING

<b>Terms Played:</b>	All year
<b>Game Days:</b>	Weekends (times and days vary)
<b>Practice Times:</b>	Tuesday and Thursday 3:30pm terms 1 and 4 at the School pool. Ocean swim each weekend of the year (weather permitting)
<b>Costs:</b>	Nil for use of School pool Discounted entry fees for official ocean events Overseas tours (optional)
<b>Equipment:</b>	Togs, goggles and swim cap
<b>Other Information:</b>	Overseas tours in the planning: English Channel July 2011 Around Manhatten July 2013 and Dardanelles August 2015 (Centenary of Gallipoli)

## FENCING

<b>Terms Played:</b>	Terms 1, 2, 3 and Term 4
<b>Game Days:</b>	Tournaments during weekends throughout the year
<b>Practice Times:</b>	3:30pm-5:00pm Monday and Friday in Gymnasium with NZ Olympic Coach
<b>Costs:</b>	\$350 levy
<b>Equipment:</b>	Fencing glove
<b>Registration:</b>	Term 1



## GOLF

<b>Terms Played:</b>	Terms 1, 2 plus Term 4 Juniors only
<b>Game Days:</b>	Mondays after school in Term 1 (nine hole competition) There are other one-off competitions and inter-school matches School junior championships Terms 3 and 4
<b>Practice Times:</b>	Wednesday or Thursday after school for those who require coaching and practice
<b>Costs:</b>	Golf shirt approx \$35, no cost to enter competitions If selected for the Senior A and B teams there will be costs associated with inter school matches Small charge for those receiving outside coaching
<b>Equipment:</b>	Must provide own clubs
<b>Registration:</b>	Beginning of Term 1

## HOCKEY

<b>Terms Played:</b>	Term 2 and 3
<b>Game Days:</b>	Mondays (U15), Wednesdays, Fridays for open.
<b>Practice Times:</b>	After school where possible
<b>Costs:</b>	\$50 turf fees and tournament costs for 1st/Under 15
<b>Equipment:</b>	Own stick, shinpads, mouth guard (shinpads/mouth guards mandatory). Hockey uniform available from the school shop. Protective gear for goalkeepers can be provided.
<b>Registration:</b>	Mid-late term 1
<b>Other Information:</b>	Most games are played on the Grammar Turf although teams usually have 1 - 2 away games per year.



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## LAWN BOWLS

<b>Terms Played:</b>	Term 1, 2 and 3
<b>Game Days:</b>	Throughout the year Inter collegiate tournaments
<b>Practice Times:</b>	Mondays 4:00pm – 6:00pm Further coaching by arrangement
<b>Costs:</b>	Nil
<b>Equipment:</b>	Bowling equipment provided by the Remuera Bowling Club White polo shirt needed
<b>Registration:</b>	Week two Term 1
<b>Other Information:</b>	Remuera Bowling Club provides the greens and coaching for any student interested

## MOUNTAIN BIKING

<b>Terms Played:</b>	Full year
<b>Game Days:</b>	Auckland Cross Country Individual Championships end of Term 1 National Championships – Levin (Term 1 holidays) Term 2 and Term 3 AGS run a “winter Series” Auckland Cross Country Relay Championships end of Term 3 National Cross Country Relay Championships Term 4 in Rotorua
<b>Practice Times:</b>	Term 1 Wednesday after school at Riverhead – serious contenders for Nationals only Every Sunday, leave School at 7:45am to a variety of places – Woodhill, Whitford, Riverhead, Hunua, Albany for all riders
<b>Costs:</b>	\$150 AGS Mountain Biking Club Fee (towards equipment and petrol vouchers for parents who assist with transport) All races are paid for by the school Riders must pay for accommodation, food, etc on away trips
<b>Equipment:</b>	Bike, camelpak (for water)
<b>Registration:</b>	See Mr Hasler and complete form



## ORIENTEERING

<b>Terms Played:</b>	Auckland Orienteering Club Summer Series Terms 1 and 4, Secondary Schools Championships Terms 2 & 3
<b>Game Days:</b>	Summer Series 5.30-6.30pm week nights, Secondary School Championships various days, Auckland Orienteering Series.
<b>Practice Times:</b>	Summer Series used as Champs Practice
<b>Costs:</b>	\$3 Summer Series, Championships free
<b>Equipment:</b>	Running shoes with good grip (astroturf / cross country), shorts, shirt, ID card.
<b>Registration:</b>	With Mr O'Neill for Secondary Schools Champs

## ROCK CLIMBING

<b>Terms Played:</b>	Terms 1 - 4
<b>Game Days:</b>	Varies throughout the year
<b>Practice Times:</b>	3:15pm - 6:30pm at Extreme Edge
<b>Costs:</b>	\$80-100 per term
<b>Equipment:</b>	PE gear. Shoes and harness provided
<b>Registration:</b>	Beginning of Term 1



## ROWING

<b>Terms Played:</b>	Term 4 to Term 1 regattas, camps Term 2 and Term 3 optional training, students can participate in other winter sports
<b>Game Days:</b>	Regattas are held in the weekends (not every weekend) Regattas are published annually
<b>Practice Times:</b>	At least 4 on-the-water sessions per week These are before school and weekends At least twice a week in the gym
<b>Costs:</b>	Learn to row (Term 1 and 2) \$30 plus uniform Full club member approximately \$2000 due in August Social row option \$400. Reduced trainings and regattas
<b>Equipment:</b>	All is provided
<b>Registration:</b>	Early in Term 1
<b>Trials:</b>	Trials are held in Term 3 for selection into the main competitive squads

## RUGBY

<b>Terms Played:</b>	Term 2 and Term 3
<b>Game Days:</b>	Saturday mornings, either 9:15am or 10:30am 1st XV kicks off at 2:30pm
<b>Practice Times:</b>	A Teams twice a week, B Teams once or twice a week
<b>Costs:</b>	Cost of uniform available from the school shop
<b>Equipment:</b>	Boots, mouth guards, head gear (optional)
<b>Registration:</b>	Start March, weigh-ins at this time also



## SKIING

<b>Terms Played:</b>	Term 3
<b>Game Days:</b>	Saturday - Tuesday
<b>Practice Times:</b>	1 - 2 weekends plus trials
<b>Costs:</b>	Lift pass, coaching fee; school pays competition fees
<b>Equipment:</b>	Skis, boots, poles, goggles (full alpine gear)
<b>Registration:</b>	Term 1 and late Term 2

## SNOWBOARDING

<b>Terms Played:</b>	Term 3
<b>Game Days:</b>	North Island Secondary School competition is in Term 3
<b>Practice Times:</b>	Trials held at Snow Planet or at Ruapehu in Terms 2/3
<b>Costs:</b>	Cost of snow planet and lift passes and entry fees to the competition
<b>Equipment:</b>	Need to have own snowboarding gear
<b>Registration:</b>	Term 2

## SOCCKER (FOOTBALL)

<b>Terms Played:</b>	Term 2 and Term 3
<b>Game Days:</b>	Saturday mornings; Juniors (forms 3 & 4) kick off at 9:00am Seniors (forms 5 - 7) 10:00am, 1st X1 12:00pm
<b>Practice Times:</b>	Normally after school in agreement with the boys selected for the team. A Grade train twice a week (on the lower school fields) with B Grade sides training once a week (at the Domain)
<b>Costs:</b>	Cost of uniform available from the school shop
<b>Equipment:</b>	Boots, shin guards, playing uniform
<b>Registration:</b>	Registrations for year groups are staggered from week 5 Term 1 to week 7 Term 1. Trials for A grade sides will also be held during this period, weeks 8-9.



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## SOFTBALL

<b>Terms Played:</b>	Term 1 for Seniors, term 4 for Juniors
<b>Game Days:</b>	Monday after school
<b>Practice Times:</b>	Practices called when needed (usually Wednesday)
<b>Costs:</b>	Nil
<b>Equipment:</b>	All equipment supplied (helmets, bats and catchers gear)
<b>Registration:</b>	Early February

## SQUASH

<b>Terms Played:</b>	Term 2 and Term 3
<b>Game Days:</b>	Friday after school (Junior A) Premier 1 and 2 Monday (Junior B) Wednesday (Senior B)
<b>Practice Times:</b>	Monday-Thursday 3:45pm - 5:00pm
<b>Costs:</b>	Nil
<b>Equipment:</b>	Own squash racquet, non-marking shoes, white shirt Boys must wear eye protection (provided by the school)
<b>Registration:</b>	End of Term 1
<b>Other Information:</b>	Must have a grading or have played regularly at a club

## SWIMMING

<b>Terms Played:</b>	Term 1, Term 2, Term 3
<b>Game Days:</b>	AGS Swimming Sports, Zonal Qualifications, Champion of Champions, AKSS Individual Championships
<b>Practice Times:</b>	Own individual training
<b>Costs:</b>	\$5 for each bus trip
<b>Equipment:</b>	Nil
<b>Registration:</b>	Beginning of Term 1



## TABLE TENNIS

<b>Terms Played:</b>	Terms 1, 2, 3 & 4
<b>Game Days:</b>	Fridays after school
<b>Practice Times:</b>	As announced at assembly
<b>Costs:</b>	\$35 (Tennis shirt), entry fee costs
<b>Equipment:</b>	Own bat, ball(s) and non-marking indoor shoes
<b>Registration:</b>	During term play
<b>Other Information:</b>	Any questions to <a href="mailto:tt@ags.school.nz">tt@ags.school.nz</a>

## TENNIS

<b>Terms played:</b>	5 Saturdays from Late February, 3 Saturdays in October / November
<b>Game days:</b>	Saturdays (some mid-week games depending on court availability)
<b>Practice Times:</b>	Coaches decide on training times
<b>Costs:</b>	School tennis shirt \$25 from school shop Academy shirts may be worn if players are in the AGS Academy
<b>Equipment:</b>	Players need to have their own racquets
<b>Registration:</b>	1 <sup>st</sup> and 2 <sup>nd</sup> week of Term 1
<b>Other Information:</b>	Extra coaching is available through the Tennis Academy Mr Schmidt is in charge of all tennis teams Mr Lincoln is in charge of intermediate tennis Mr Denny is in charge of junior tennis Tennis Academy, for information call 623 5407 or email <a href="mailto:b.schmidt@ags.school.nz">b.schmidt@ags.school.nz</a>



## TOUCH

<b>Terms Played:</b>	Senior Term 1; Junior Term 4
<b>Game Days:</b>	Tuesday after school, 4:00pm - 6:00pm
<b>Practice Times:</b>	Thursday 3:30pm - 5:00pm, and one morning session
<b>Costs:</b>	Nil
<b>Equipment:</b>	PE shorts and touch shoes
<b>Registration:</b>	Seniors Week 1 Term 1, Juniors Week 8 Term 3

## TRIATHLON

<b>Terms Played:</b>	All terms, competitions are in Terms 1, 2 and 3
<b>Game Days:</b>	Auckland Secondary Schools Aquathon February Auckland Secondary Schools Triathlon March New Zealand Secondary Schools Triathlon April Auckland Secondary Schools Duathlon June New Zealand Secondary Schools Duathlon July Auckland Secondary Schools Multisport September New Zealand Secondary Schools Multisport September
<b>Costs:</b>	Uniform \$100, travel \$300
<b>Equipment:</b>	Wetsuit, togs, bike, running shoes
<b>Registration:</b>	Week 2 Term 1, new students accepted anytime during year



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## VOLLEYBALL

<b>Terms Played:</b>	Seniors Term 1, Juniors Term 3 and 4
<b>Game Days:</b>	Premier teams are on Fridays; Central Zone competition is on Thursdays - this holds for both seniors and juniors
<b>Practice Times:</b>	Can vary - after school trainings usually conclude at 5pm, or later if they are a Premier Grade team - morning trainings (if used) would start by 7.15am and finish at 8.30am. Lunchtimes can be used for Central Zone teams
<b>Costs:</b>	Minimal. Playing uniforms are provided
<b>Equipment:</b>	All provided
<b>Registration:</b>	Controlled by TIC Volleyball - \$5 fee for school students
<b>Other Information:</b>	The (Senior) Premier team plays at the NZSS Championships each year in Term 1 - depending on location costs are around \$500 (we do try to get funding). For juniors, we like to take two teams away to the North Island Championships in Term 4 - costs are about \$400.

## WATERPOLO

<b>Terms Played:</b>	Seniors Term 1 and the beginning of Term 2 (also Term 4 if involved in annual Tasman Cup competition) Juniors grading in Term 1 and competitions in Term 4
<b>Game Days:</b>	Either Friday or Sunday later afternoon / early evenings
<b>Practice Times:</b>	Seniors train Tuesday and Wednesday throughout Term 1 and have a training camp the week before school returns in January Juniors train Thursday 3:30pm - 4:30pm throughout the year and also on Tuesday nights in Term 4. Note: These can change according to pool availability.
<b>Costs:</b>	Training fees approx \$450 per term for Juniors Seniors approx \$400 for Term 1, Senior B \$250 School togs are available for approx \$45
<b>Equipment:</b>	None
<b>Registration:</b>	Juniors early in Term 1. New seniors are invited in Term 1



## WEIGHTLIFTING

<b>Terms Played:</b>	Terms 1 - 4
<b>Game Days:</b>	Saturday competitions
<b>Practice Times:</b>	Monday, Wednesday, Friday mornings Monday, Wednesday, Saturday afternoons
<b>Costs:</b>	See information below
<b>Equipment:</b>	PE uniform acceptable
<b>Registration:</b>	Early in Term One
<b>Other Information:</b>	Junior lifters are expected to train in the schools weights room Monday, Wednesday and Friday mornings from 8:00am - 8:45am. Senior lifters are expected to join the Gillies Avenue Weightlifting Gymnasium - (cost \$100 per year or \$70 for 6 months). Seniors receive free, expert tuition at this gym for no extra cost. Juniors are invited, but not expected, to attend senior training sessions at Gillies Ave on a casual basis (no charge)

## YACHTING

<b>Terms Played:</b>	Term 1
<b>Game Days:</b>	A selection of events
<b>Practice Times:</b>	Monday after school
<b>Costs:</b>	\$15 to \$400
<b>Equipment:</b>	Sailing gear. Lifejacket, wetsuit, etc
<b>Registration:</b>	Week 2 Term 1
<b>Other Information:</b>	Need to own boat for Flet racing regatta



## STUDENTS CHECK LIST

What sports do I intend to play?

Sport: \_\_\_\_\_

Sport: \_\_\_\_\_

Sport: \_\_\_\_\_

Sport: \_\_\_\_\_

Who are the teachers in charge of these sports?

Sport: \_\_\_\_\_

Teacher: \_\_\_\_\_

Sport: \_\_\_\_\_

Teacher: \_\_\_\_\_

Sport: \_\_\_\_\_

Teacher: \_\_\_\_\_

Sport: \_\_\_\_\_

Teacher: \_\_\_\_\_

Am I over committing myself to too many sports? Yes / No  
(Once you enter your name to a sport you are committed for the season)

What terms are the sports played in?

Sport: \_\_\_\_\_

Sport: \_\_\_\_\_

Sport: \_\_\_\_\_

Sport: \_\_\_\_\_

When are the registrations for these sports?

Sport: \_\_\_\_\_

Sport: \_\_\_\_\_

Sport: \_\_\_\_\_

Sport: \_\_\_\_\_

What are the costs of playing these sports?

Sport: \_\_\_\_\_

Sport: \_\_\_\_\_

Sport: \_\_\_\_\_

Sport: \_\_\_\_\_



What are the practice times and when are the meetings held for

Sport: \_\_\_\_\_

Sport: \_\_\_\_\_

Sport: \_\_\_\_\_

Are your parents aware of the sports you have entered into?

Can your parents assist with transport and coaching?



## PARENTS CHECK LIST

What sport(s) is my son interested in playing?

Sport: \_\_\_\_\_

Sport: \_\_\_\_\_

Sport: \_\_\_\_\_

Sport: \_\_\_\_\_

Who are the teachers in charge of these sports?

Sport: \_\_\_\_\_

Sport: \_\_\_\_\_

Sport: \_\_\_\_\_

Sport: \_\_\_\_\_

Has your son overcommitted himself to sport this year? Yes / No (once your son has committed himself to a sport he is committed for the entire year)

Does your son know when the registrations for the sport take place?

Sport: \_\_\_\_\_

Sport: \_\_\_\_\_

Sport: \_\_\_\_\_

Sport: \_\_\_\_\_

Do you know the costs associated with each sport?

Sport: \_\_\_\_\_

Sport: \_\_\_\_\_

Sport: \_\_\_\_\_

Sport: \_\_\_\_\_

Are you interested in assisting with your son's sports team?

Are you able to assist with transport?



## FREQUENTLY ASKED QUESTIONS

How does my son join a school sports team?

- *Your son needs to listen to notices in assembly and visit the various sports notice boards around the school. If he is still unsure, he needs to consult this booklet and see the Teacher in Charge of the sport or see the Director of Sport.*

If my son has a question regarding school sport, where is the best place to find a teacher during the school day?

- *The best place to see a teacher is in his/her classroom (see the student handbook) or in the staffroom (best times: before school, interval and lunchtime)*

If my son is sick or injured and can not attend a practice / game who should we get in touch with?

- *You need to contact the Teacher in Charge of your son's sports team, please ring the school and leave a message.*

If the weather is wet what channel do I listen to for cancellations?

- *Newstalk ZB 89.4 FM has the cancellations. Listen to the headings of Auckland Secondary Schools morning sport. Cancellations are made just after the news on the hour and half hour from 7:00am onwards.*

Where can I obtain a copy of the seasons draw from?

- *The best place to obtain a draw is from the College Sport website [www.collegesport.co.nz](http://www.collegesport.co.nz)*

If I am interested in assisting with a sports team (either coaching or managing) who should I contact?

- *Contact either the Teacher in Charge of the sport or contact the Director of Sport [g.hansen@ags.school.nz](mailto:g.hansen@ags.school.nz) (phone 623 5423)*

Where can I buy my son's sports uniform from?

- *The School shop has all the sports uniforms for sale. The school also has a relationship with Smiths Sports Shoes, Dominion Rd for discounted boots. This shop runs a special evening for Auckland Grammar School students.*

If my son is injured during practice or a game and has to go to hospital who should I contact at school?

- *Contact the Teacher in Charge of your son's sports team. It is very important that the school is made aware of any serious injury.*

If I cannot take my son to a game, who should I contact to arrange transport?

- *Contact your son's coach and he will make alternative arrangements.*



If I have any questions regarding my son's sports team who do I get in contact with?

- *Contact the Teacher in charge of the sport. If he/she cannot assist with your question contact the Director of Sport.*

Where do I get information regarding upcoming sports events?

- *The school calendar has the sports information for the term. The school website has up-to-date information regarding sport.*

What are the different weight categories in rugby?

- *3rd 85Kg and Under*
- *4th 76Kg and Under*
- *5th 68Kg and Under*
- *6th 60Kg and Under*
- *7th 52Kg and Under*

If my son's sports gear goes missing who do I get in contact with?

- *Contact your son's sports coach or ring the 5<sup>th</sup> Form Dean who is in charge of lost property.*

Where can my son store his sports equipment during the day?

- *There is a storeroom available for your sons to leave their sports gear during the day. The school prefects run this room.*

Is my son able to get extra coaching through the School?

- *Yes. Contact either the Teacher in Charge of the sport or the Director of Sport.*

Is my son able to play social sport (as apposed to competitive sport) for the school?

- *The school caters for sportspeople of all ability levels. The school has social teams as well as competitive teams.*

If my company would like to sponsor a 1st Team whom should I get in contact with?

- *Contact the Director of Sport to discuss possible sponsorship packages.*

